



SWIM

TRI HARDER

Kids Triathlon Series

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BIKE

Morris Township / July 18
Bernardsville / August 15
Chester / September 5

Registration details can be found at www.martysreliable.com. No day of registration.

\$10 per child

(All children must be accompanied by a parent or guardian) This is a recreational event. There will be no timing. Everyone is a winner!



RUN

Age Groups	Swim	Bike	Run
4-6	25 yds	1 mile	1/4 mile
7-8	25 yds	1 mile	1/2 mile
9-10	50 yds	2 mile	1/2 mile
11-12	75 yds	2 mile	1 mile
13-15	100 yds	2 mile	2 mile

Please bring your bike, helmet, swim suit, towel, goggles, sneakers, socks, and sunscreen.

Please contact Jessica McGinn for more info.
jessica@martysreliable.com



Sponsored by:
 Marty's Reliable Cycle, Morris Township Recreation, Bernardsville Recreation and Chester Recreation